

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						
Hot or Cold Cereal Choice of Eggs Bacon Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Pancakes Sausage Links Maple Syrup Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Scrambled Eggs Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Egg & Cheese Sandwich Breakfast Ham Slice Hashbrown Patty Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Choice of Eggs Buttered Waffles Turkey Links Assorted Low Fat Yogurt Maple Syrup Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Hard Boiled Egg Canadian Bacon Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Cheese Omelet Sausage Patty Guava Pastry Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice
Lunch						
Pot Roast Mashed Potatoes Roasted Carrots Dinner Roll Apple Pie Brown Gravy Margarine Coffee/Tea	Chicken and Dumplings Green Peas Wheat Bread Peanut Butter Brownies Margarine Coffee/Tea	Maple Glazed Fish Rosemary Roasted Potatoes Asparagus Fresh Baked Roll Lemon Meringue Cupcake Margarine Coffee/Tea	Mandarin Pork Roast Rice Pilaf Broccoli Dinner Roll Pumpkin Cheesecake Crumble Bar Margarine Coffee/Tea	Cheese-Stfd Chicken Breast Garlic Mashed Potatoes Crumb Topped Brussels Sprouts Wheat Bread Peach Crisp Margarine Coffee/Tea	Dill Glazed Salmon Garden Rice Blend Scalloped Tomatoes Fresh Baked Roll Toffee Pecan Bar Margarine Coffee/Tea	Braised Boneless Short Ribs Baked Potato California Vegetable Blend Honey Wheat Dinner Roll Snickerdoodle Cookie Sour Cream and Chives Margarine Coffee/Tea
Dinner						
Saltines Grld Ham & Swiss Sandwich Sweet Potato Fries Red Grapes Ketchup Margarine 2% Milk Coffee/Tea Soup of the Day	Tuna Salad Sandwich Pineapple Chunks 2% Milk Margarine Coffee/Tea Soup of the Day	Broccoli Cheese Soup Saltines Grilled Chicken Breast Swch Lettuce / Tomato / Onion Harvard Beets Fresh Fruit Cup Margarine 2% Milk Coffee/Tea Soup of the Day	Roast Beef & Provolone Sandwich Succotash Vegetable Blend Chilled Peaches Margarine 2% Milk Coffee/Tea Soup of the Day	Turkey Reuben Sandwich French Fries Emerald Pears Ketchup 2% Milk Coffee/Tea Soup of the Day	Margherita Cheese Pizza Green Beans Buttered Breadstick Orange Wedges Choice of Dressing Margarine 2% Milk Coffee/Tea Soup of the Day	Chicken Salad Cinnamon Apples Margarine 2% Milk Coffee/Tea Soup of the Day

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Breakfast						
Blueberry Pancakes Breakfast Ham Slice Maple Syrup Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Choice of Eggs Toasted English Muffin Peanut Butter Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Ham & Cheese Omelet Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Scrambled Eggs Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Egg, Bacon & Cheddar Scramble Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Cinnamon French Toast Turkey Links Hearty Hashbrowns Maple Syrup Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Egg & Cheese Sandwich Bacon Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice
Lunch						
Roast Turkey Whipped Butternut Squash Bread Stuffing Green Beans Pumpkin Pie Margarine Coffee/Tea	Baked Spaghetti Cauliflower Tossed Salad Buttered Breadstick Cannoli Choice of Dressing Margarine Coffee/Tea	Turkey a la King Peas & Carrots Biscuit Cinnamon Maple Apple Cake Margarine Coffee/Tea	Salisbury Steak Company Potatoes Garden Seasoned Broccoli Fresh Baked Roll Chocolate Fudge Cupcake Brown Gravy Margarine Coffee/Tea	Baked Glazed Ham Scalloped Potatoes Asparagus Dinner Roll Cherry Crisp Margarine Coffee/Tea	Eggplant Parmesan Spaghetti Noodles Italian Green Beans Garlic Toast Carrot Cake Margarine Coffee/Tea	Honey Mustard Chicken Breast Onion Roasted Potatoes Corn O'Brien Wheat Bread Peanut Butter Cookie Margarine Coffee/Tea
Dinner						
Saltines Deli Sandwich Marinated Cucumbers & Tomatoes Red Grapes Margarine 2% Milk Coffee/Tea Soup of the Day	Egg Salad Sandwich Emerald Pears Margarine 2% Milk Coffee/Tea Soup of the Day	Chili with Beans Saltines Tossed Salad Corn Muffin Orange Wedges Choice of Dressing Margarine 2% Milk Coffee/Tea	Tuna Salad Sandwich Key West Vegetable Blend Apricots Margarine 2% Milk Coffee/Tea Soup of the Day	Chunky Vegetable Soup Saltines Roast Beef & Provolone Sandwich Broccoli Raisin Salad Mixed Melon Salad Margarine 2% Milk Coffee/Tea	Fish Sandwich Lettuce / Tomato / Onion Waffle Fries Fresh Fruit Cup Ketchup 2% Milk Coffee/Tea Soup of the Day	Beef Pastrami Sandwich on Rye Whole Baby Carrots Cinnamon Applesauce Brown Gravy Margarine 2% Milk Coffee/Tea Soup of the Day

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Breakfast						
Hot or Cold Cereal Apple Pancakes Sausage Patty Maple Syrup Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Choice of Eggs Toasted English Muffin Peanut Butter Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Belgian Waffle Turkey Links Assorted Low Fat Yogurt Strawberries Maple Syrup Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Western Omelet Bake Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Cheese Omelet Bacon Cinnamon Peach Muffin Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Hard Boiled Egg Canadian Bacon Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Cheesy Scrambled Egg Hearty Hashbrowns Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice
Lunch						
Roast Pork Baked Potato Roasted Brussels Sprouts Dinner Roll Cinnamon Chocolate Cheesecake Sour Cream and Chives Margarine Coffee/Tea	BBQ Chicken Thighs Baked Beans Corn on the Cob Fresh Baked Roll Frosted Banana Cake Margarine Coffee/Tea	Mustard Glazed Beef Confetti Mashed Potatoes Carrots Wheat Bread Blueberry Pie Margarine Coffee/Tea	Grilled Mojo Chicken Cilantro-Lime Rice Black Bean & Corn Relish Pineapple Upside Down Cake Margarine Coffee/Tea	Apple Pork Chop Roasted Sweet Potato Wedges Spinach Cornbread Vanilla Ice Cream Margarine Coffee/Tea	Tilapia Almondine Lemon Rice w/ Peas Broccoli Honey Wheat Dinner Roll Gingersnap Cookie Margarine Coffee/Tea	Chicken Marsala Herbed Fettuccine Italian Blend Mixed Vegetables Garlic Bread Knot Strawberry Chocolate Truffle Cake Margarine Coffee/Tea
Dinner						
Crab Cakes Long Grain & Wild Rice Creamy Peas w/Red Peppers Fresh Fruit Cup Margarine 2% Milk Coffee/Tea Soup of the Day	Minestrone Soup Saltines Meatball Stromboli Tossed Salad Apricots Choice of Dressing Margarine 2% Milk Coffee/Tea Soup of the Day	Ham Slice Three Cheese Macaroni Stewed Tomatoes Dinner Roll Chilled Peaches Margarine 2% Milk Coffee/Tea Soup of the Day	Hamburger Lettuce / Tomato / Onion Steak Fries Creamy Cole Slaw Orange Wedges Ketchup 2% Milk Coffee/Tea Soup of the Day	Polish Sausage Hearty Hashbrowns Tomato Wedges Fruit Compote Margarine 2% Milk Coffee/Tea Soup of the Day	Banana Cream Pie Hot Turkey Sandwich Mashed Potatoes Peas & Carrots Margarine 2% Milk Coffee/Tea Soup of the Day	Beef Pastrami Sandwich on Rye Saltines Tossed Salad Emerald Pears Choice of Dressing Margarine 2% Milk Coffee/Tea Soup of the Day

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Breakfast						
Hot or Cold Cereal Choice of Eggs Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Cinnamon French Toast Sausage Patty Maple Syrup Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Egg & Cheese Sandwich Breakfast Ham Slice Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Scrambled Eggs Guava Pastry Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Pancakes Sausage Links Maple Syrup Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Egg, Bacon & Cheddar Scramble Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Choice of Eggs Turkey Links Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice
Lunch						
Meatloaf Mashed Potatoes Green Beans & Mushrooms Fresh Baked Roll Fruit of the Forest Pie Brown Gravy Margarine Coffee/Tea	Italian Baked Chicken Broccoli Pesto Fettuccine Whole Baby Carrots Fresh Baked Roll Vanilla Pudding Cake Margarine Coffee/Tea	Smoked Sausage on Bun Cooked Cabbage Green Peas Peach Fruit Cobbler Margarine Coffee/Tea	Turkey Pot Roast Cinnamon Maple Squash Roasted Cauliflower Honey Wheat Dinner Roll Blueberry Crisp Margarine Coffee/Tea	Grilled Sweet & Sour Beef White Rice Oriental Vegetable Blend Turtle Squares Margarine Coffee/Tea	Herb Crusted Cod Baked Potato Garden Seasoned Broccoli Dinner Roll Red Velvet Cake Sour Cream and Chives Margarine Coffee/Tea	Chicken Cacciatore Spaghetti Noodles Chalet Vegetable Blend Garlic Bread Knot Caramel Dumpling Margarine Coffee/Tea
Dinner						
Applesauce Cake Fruited Chicken Salad Baked Croissant Margarine 2% Milk Coffee/Tea Soup of the Day	Tomato Soup Saltines Grilled Cheese Sandwich French Fries Strawberries Ketchup Margarine 2% Milk Coffee/Tea	Chicken Pot Pie Caribbean Vegetable Blend Wheat Bread Emerald Pears Margarine 2% Milk Coffee/Tea Soup of the Day	Grilled Chicken Breast Swch American Fried Potatoes Spinach Cantaloupe Margarine 2% Milk Coffee/Tea Soup of the Day	Chicken Chili Saltines Green Peas Tossed Salad Corn Muffin Red Grapes Choice of Dressing Margarine 2% Milk Coffee/Tea Soup of the Day	Butternut Squash Bisque Saltines Beef Pastrami Sandwich on Rye Lettuce / Tomato / Onion Marinated Cucumbers Watermelon Margarine 2% Milk Coffee/Tea	Sausage Pizza Green Beans Tossed Salad Buttered Breadstick Chilled Peaches Choice of Dressing Margarine 2% Milk Coffee/Tea Soup of the Day

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Breakfast						
Hot or Cold Cereal Scrambled Eggs Bacon Cinnamon Roll Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Egg Patty Canadian Bacon Toasted English Muffin Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Buttered Waffles Turkey Links Assorted Low Fat Yogurt Maple Syrup Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Choice of Eggs Autumn Hash Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Scrambled Eggs Honey Bran Muffin Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice	Hot or Cold Cereal Western Omelet Bake Wheat Toast Jelly Margarine OJ/Apple/Cranberry 2% Milk Coffee/Tea Seasonal Fruit Choice
Lunch						
Roast Beef Mashed Potatoes Whole Baby Carrots Wheat Bread Peanut Butter Pie Brown Gravy Margarine Coffee/Tea	Blackberry Dijon Chicken Baked Sweet Potato Half Broccoli Fresh Baked Roll Oatmeal Raisin Cookie Margarine Coffee/Tea	Mexican Spiced Pot Roast Red Skin Mashed Potatoes Green Beans & Mushrooms Honey Wheat Dinner Roll Lemon Bars Margarine Coffee/Tea	Hawaiian Pork White Rice Sugar Snap Peas Wheat Bread Brownie Margarine Coffee/Tea	Baked Chicken Egg Noodles Mushroom Bourguignon Bake Fresh Baked Roll Cherry Pie Margarine Coffee/Tea	Lemon Pepper Tilapia Long Grain & Wild Rice Asparagus Wheat Bread Coconut Cream Pie Margarine Coffee/Tea	Turkey Tetrzzini Green Peas Buttered Breadstick Buckeye Cake Margarine Coffee/Tea
Dinner						
Deluxe Hamburger Baked Beans Cherry Fruit Cobbler 2% Milk Coffee/Tea Soup of the Day	Creamy Garden Veg Soup Saltines Tuna Melt Sandwich Orange Wedges Margarine 2% Milk Coffee/Tea	Vegetable Lasagna Tossed Salad Garlic Toast Emerald Pears Parmesan Cheese Margarine Choice of Dressing 2% Milk Coffee/Tea Soup of the Day	French Dip Sandwich Waffle Fries Carrot Raisin Salad Red Grapes Ketchup 2% Milk Coffee/Tea Soup of the Day	Minestrone Soup Saltines Chef's Salad Honey Wheat Dinner Roll Apple Slices Margarine 2% Milk Coffee/Tea	Chicken Tenders French Fries Creamy Cole Slaw Dinner Roll Fresh Fruit Cup Ketchup Margarine 2% Milk Coffee/Tea Soup of the Day	Potato Salad Cottage Cheese & Peaches Margarine 2% Milk Coffee/Tea Soup of the Day Dijon Turkey & Swiss Wrap